

## STUDY NETWORK CD LIST FOR 22 WEEKS

### And a description of the CD

#### December 2009

**1. Dec. 6 Seeking to Understand the Self**

*The dissatisfaction sent by the soul together with our own seeking lead us to discover what we really are.*

**2. Dec. 13 Causal Body**

*In the material world form hides the essence, but higher levels of existence are about to be manifested.*

**3. Dec. 20 Subtle Bodies and Templing**

*A temple can be created within our being that is reflected in outer life, transforming it.*

**4. Dec. 27 The Heart, the Ego and the Personality**

*Offering ourselves to the higher centers of our being so that our soul can use us for its service.*

#### January 2010

**5. Jan. 3 How One Begins to Perceive One's Inner Self**

*A light beyond the mind reveals our destiny.*

**6. Jan. 10 Syntheses, Struggles and New Instructions**

*The importance, in the Aquarian Age, of the energy of synthesis and of transmutation, a higher law by which human beings can transcend death.*

**7. Jan. 17 Beyond Imperfection**

*We should not be in a hurry on the path of perfection. We should surrender all habits to our higher centers of consciousness.*

**8. Jan. 24 Transcending Material Karma**

*Accepting and surrendering one's karma to the higher self so that one's destiny is transformed.*

**9. Jan. 31 Special Paths and the Path of the Majority**

*There is a simple way to tread the spiritual path and it is up to us to discover it.*

#### February 2010

**10. Feb. 7 We are Part of the Cosmos**

*We should continually question why we have been created and seek to unify the energy of individual will with that of the higher will.*

**11. Feb. 14 How to Understand the Planetary Disasters**

*Lands and waters are shifting and some have already perceived in these displacements the approach of the world to come.*

**12. Feb. 21 Importance of Self-Control in Epidemics and ...Risk Situations**

*Individual or collective risk situations are brought on by the law of karma. The physical body has a consciousness that undergoes gradual awakening.*

**13. Feb. 28 The Days of Tomorrow**

*The future is here, as well as the possibility for us to relate to supranatural realities. We must become aware of these.*

**March 2010**

**14. March 7 Reflections on Illusion and Rescue**

*Human consciousness strives to become free from the play of forces of the levels below the monad. It seeks to cooperate with the Light and with the planetary Rescue Operation.*

**15. March 14 To Be Universal – Part 1**

*When we become aware of what we are and what we are not, and when we focus our attention on the Cosmos, we transcend egocentrism. This is the pathway to the expansion of consciousness and to true love. Calmness, serenity and inclusiveness are signs that we are on the path.*

**16. March 21 To Be Universal – Part 2**

*We must see ourselves as being indissolubly united with the universe. It is up to us to contribute to its upliftment, to draw energies from on High and to invoke Light for them to be adequately applied.*

**17. March 28 Basis of the Fiery World**

*Fiery life is revealed to us inwardly. For this to happen, it is important for us to put spiritual teaching into practice and become detached from the outcomes of our quest.*

**April 2010**

**18. April 4 The Spark from the Divine Level**

*When the divine spark develops in our hearts, it creates a fiery state in us. Our thoughts should be focused on this fire.*

**19. April 11 Angels and Humanity #1**

*Our contact with the kingdom of the devas begins with fulfilling our role of taking care of the minerals, plants and animals in the same way that the angels take care of us.*

**20. April 18 Angels and Humanity #2**

*We are encouraged to unite the finite and the infinite in our consciousness, to nurture correct and healthy tension, to attune with the invisible and to allow angels to develop in us sensitivity for spiritual silence.*

**21. April 25 Angels and Humanity #3**

*Angels exist to serve; we can commune with them when we count on their help in our life and our spiritual quest.*

**May 2010**

**22. May 2 Angels and Humanity #4**

*Angels and devas participate in the process of incarnation of human beings; they respect the Law of Karma and provide opportunities for evolution.*