

Recorded Lectures by Trigueirinho in Portuguese with simultaneous translation into English

Quality and format of the recordings (Irdin Publisher)

Irdin offers lectures that have been recorded live over the last few years. There are almost two thousand titles, with various subjects (see index of the themes), connected to the current expansion of consciousness.

Knowing that very subtle spiritual vibrations are also transmitted by the lecturer's voice, we have tried to preserve the sound quality with as much integrity as possible to offer the listener the original impulses of the message. For this reason, we offer uncompressed recordings, in CDs that may be ordered from Irdin, at present, only through the Portuguese version of the website. Soon, it will be available in English version too.

However, the collection of recorded lectures in MP3 format is now available for download free of charge. Such action is provided for listeners who prefer this format or who, for some reason, cannot acquire the CDs. We realize that the information transmitted in the talks has incalculable value for the present times and that it is important to spread it, even without ideal technical conditions, due to the limitations of the MP3 format in regard to sound frequency band.

A Book To Be Written (Khutulli)

A book is needed to portray the pathway of the being who was Pythagoras, Francis of Assisi, Kuthumi and Khutulli and the evolution of the true teaching given to humanity.

A New Viewpoint of the Monad

Our monad is indestructible and if we surrender to its energy we will discover that the monad represents the Will of the divinity itself.

Allopathic and Homeopathic Medicine

Healing is the unification of a being's essence and form. Different methods may be used to further this process.

An Esoteric Dimension of Power

In this solar system it is through love that one attains real power which transforms the world. Today this power is more accessible in the center of our consciousness thus enabling us to perform greater accomplishments.

An Overview of Current Life

We can live in a coherent way with the real situation of the Earth; with the awakening of its feminine polarity it now advances towards higher evolution.

Angels and Humanity—1

Our contact with the kingdom of the devas begins with fulfilling our role of taking care of the minerals, plants and animals in the same way that the angels take care of us.

Angels and Humanity—2

We are encouraged to unite the finite and the infinite in our consciousness, to nurture correct and healthy tension, to attune with the invisible and to allow angels to develop in us sensitivity for spiritual silence.

Angels and Humanity—3

Angels exist to serve; we can commune with them when we count on their help in our life and our spiritual quest.

Angels and Humanity—4

Angels and devas participate in the process of incarnation of human beings; they respect the Law of Karma and provide opportunities for evolution.

Basis of the Fiery World

Fiery life is revealed to us inwardly. For this to happen, it is important for us to put spiritual teaching into practice and become detached from the outcomes of our quest.

Beyond Fire by Friction (series of 4)

The Fiery World — 3

The decision to tread the spiritual path and transcend free will is guided by higher energies.

Beyond Imperfection

We should not be in a hurry on the path of perfection. We should surrender all habits to our higher centers of consciousness.

Calling Humanity

The unfolding of the works by Trigueirinho – from the first books to the most recent recordings – expresses the updating for our times of the teaching by the spiritual Hierarchies.

Causal Body (series of 4)

The Fiery World—1

In the material world form hides the essence, but higher levels of existence are about to be manifested.

Colors in Healing and the Formation of Our Light Vessel

We can prepare ourselves to become receptive to the effects of colors. Our body of light is formed through service.

Deep Healing

Dissolving the fetters that restrict one's upliftment.

From the Human Kingdom to the Spiritual Kingdom

A basic exercise to transmigrate from one kingdom to the other is to offer all that we do to God.

Getting through Today's Critical Times

What these times hold for us and how we are to respond.

Harmonization and Androgyny

Androgyny is the balance of one's masculine and feminine aspects.

How One Begins to Perceive One's Inner Self

A light beyond the mind reveals our destiny.

How to Understand the Planetary Disasters

Lands and waters are shifting and some have already perceived in these displacements the approach of the world to come.

Human Trials / The Trials of the Soul

One must affirm the good and overcome earthly trials. The soul should draw the ego up to its evolutionary level.

Information on the New Earth and the New Humanity

Today activated planetary centers are taking part in our process of expansion of consciousness according to need and to the path we are following.

Inner and Outer Figueira

Maintaining aspiration and devotion in each daily activity so that the Plan can manifest through us.

Instruction: a Step beyond Teaching

Teaching expresses higher laws and instruction gives us the inner impulse.

Liberating and Healing through Colors

Visualizing the specific colors can bring about a broad healing effect: one's thought becomes more subtle, one's words vibrate differently, serenity and love set in.

Life in Cosmic Signs

Today's teachings for those whose monads are connected with the extraterrestrial levels.

New Supraterrestrial Pathways—1

Although unaware of it, we live within an infinite and pre-established spatial order which we can contact consciously.

New Supraterrestrial Pathways—2

Space also contains forces hostile to evolution that must become positive; we can cooperate with their redirection by firmness in our own life choices towards good.

New Supraterrestrial Pathways—3

The imperishable model for the Sacred Earth has always existed and today it is present in our hearts and active in our souls and monads.

New Supraterrestrial Pathways—4

The planetary centers use the energy of the constellations and of the planets to broaden our consciousness and to free us. We need this infinite energy, this grandeur.

Niskalkat

This is a base of operations to bring about terrestrial and extraterrestrial balance, today and in future stages.

Noah's Vessel

Our situation on Earth today is similar to the time of the flood. We are receiving help to expand our consciousness and enter high levels of life. Our imagination and intuition are being stimulated so that we can seek all the necessary answers and solutions within ourselves.

On Vitality

More than for health alone, vital energy is necessary for the expression of higher levels of consciousness of the material bodies.

Our Response to the Cosmos—1

The discovery of life in the distant worlds, of the constellations, of the sacred planets and of the supraphysical civilizations does not come from analysis but from intuition. We must empty ourselves and open our inner space to penetrate what is unknown and mysterious and to embrace the infinite.

Our Response to the Cosmos—2

In order to relate consciously to the Cosmos we must have inner, spiritual vision and intuition. We must also

transcend the limitations of the ego and be willing to transform ourselves.

Our Response to the Cosmos—3

Extraterrestrial supraphysical bases have been active on Earth since the beginnings. We can collaborate with them and be willing to develop a subtle astrology and an unlimited expansion of consciousness.

Our Response to the Cosmos—4

Humanity is a single life disseminated throughout the universe on different levels of consciousness. Our brothers of a higher evolution, linked to the Divine Plan, teach, uplift and help us receive supramental light and recognize our cosmic origins.

Our Response to the Cosmos—5 (conclusion)

The Hierarchies, Commands and Councils of the inner planes of life prepare us and attempt to awaken us to what we came to do in this world by uplifting us from material concerns and broadening our potential for self-giving and service.

Preparation for the Path of Initiation

The Earth is preparing to undergo initiation and everything here is receiving the energies to make this possible.

Reflections on Illusion and Rescue

Human consciousness strives to become free from the play of forces of the levels below the monad. It seeks to cooperate with the Light and with the planetary Rescue Operation.

Reflections on Inner Attunement

It is important for us to maintain continuous attunement with our inner nucleus throughout all our external activities.

Seeds of Inner Transformation

That which comes from the spirit renews us. We should understand these evolutionary movements, which are a precious Grace.

Seeking to Understand the Self

The dissatisfaction sent by the soul together with our own seeking lead us to discover what we really are.

Several Levels of Spiritual Reading

Spiritual reading not only helps us to recognize our next step, but it also stimulates us to take that step.

Special Paths and the Path of the Majority

There is a simple way to tread the spiritual path and it is up to us to discover it.

Spiritual Entities and Hierarchies

Even though they give us the impression they have individual consciousness, Hierarchies and spiritual Entities have transcended

Spiritual Trials

As we overcome the human levels of our being, we perfect our ties with Supreme Life.

Strengthening the Bases for the New Cycles

In order to adjust ourselves to evolutionary movements and to allow the Laws of the Cycles to act fully in us we have to hold this Law in our hearts and know how to receive the light of the transitory phases.

Subtle Bodies and Templing (series of 4)

The Fiery World—2

A temple can be created within our being that is reflected in outer life, transforming it.

Supraterrestrial Pathways—1

Our possibilities for evolution go far beyond the material world. We can know that within ourselves there are subtle, fiery and distant worlds, and even more.

Learn to receive the energies flowing from the Most High in order to follow the supraterrestrial pathways.

Supraterrestrial Pathways—3

Many supraterrestrial beings came to Earth. They expressed supra-human knowledge and universal cosmic love.

Supraterrestrial Pathways—4

To aspire towards supraterrestrial contact is specific to these times. We need to develop serenity, that emanates from healthy higher tension and fearlessness, that comes from faith.

Syntheses, Struggles and New Instructions

The importance, in the Aquarian Age, of the energy of synthesis and of transmutation, a higher law by which human beings can transcend death.

Taking Charge of One's Process of Dying—1

The Death Experience - An Introduction

What we call death is really a transformation and a change of dimension, for which we can prepare ourselves serenely.

Taking Charge of One's Process of Dying—2

The Three Stages of Physical Death

A soul disincarnates gradually. This letting go can be very harmonious.

Taking Charge of One's Process of Dying—3

When the Soul is Set Free

After death, the soul enters a new state of consciousness which will depend on the kind of life that was lived.

The Art of Living in Current Times

The chaos is intensifying on the surface of life. Those who seek to contact their own inner selves will perceive eternity within themselves and thus they will help to create a new world.

The cosmic Signs Reveal the Teaching—1

The cosmic signs stimulate our inner magnetism. Our archetypal patterns come from these signs and their teaching prompts us to transcend the planetary environs.

The cosmic Signs Reveal the Teaching—2

The importance of arriving at the inner source of knowledge, from where the teaching comes without interventions.

The Days of Tomorrow

The future is here, as well as the possibility for us to relate to supranatural realities. We must become aware of these.

The Desert

When one's consciousness is no longer satisfied with the things of the world or with external teaching, one must contact the inner worlds.

The Doorways of the Planet—1

After the Earth has been purified and is more subtle, it is destined to become sacred and to be a school for healers. Humanity has an important role in fulfilling this goal.

The Doorways of the Planet—2

The various levels of the Earth and the different civilizations it harbors are beginning to be more openly expressed. We should pay attention to sleep, for it is a way for us to be conscious of what takes place on these higher levels.

The Doorways of the Planet—3

The life-consciousness of the Earth is expanding. The planetary centers receive, transmute and radiate increasingly vaster cosmic energies. And all of us are inwardly linked to these centers.

The Doorways of the Planet—4

Planetary centers and intraterrestrial civilizations take part in the governance of the world. For thousands of years they have been preparing the current transition of the Earth and now they are linking us to extraterrestrial life. We can contact them whenever we truly open ourselves to the Plan of Evolution.

The Doorways of the Planet—5

As our spirit becomes more purified, the materialness of our body decreases. We are receiving help from the higher intraterrestrial worlds to bring about increasing subtleness, and each planetary center contributes its energy towards this.

The Earth—Degeneration and Deliverance

As we transcend appearances and attune with the real government of the world, we are able to perceive the principles that rule the four elements, to work correctly with the soil and all of Nature and to contribute towards the equilibrium of the planet.

The Era of the Gigantic Wave

Nature reacts in order to re-equilibrate the planet and it is up to us to find our correct position in face of the great changes being forewarned.

The Heart, the Ego and the Personality

Offering ourselves to the higher centers of our being so that our soul can use us for its service.

The Importance of Self-Control in Epidemics and Other Risk Situations

Individual or collective risk situations are brought on by the law of karma. The physical body has a consciousness that undergoes gradual awakening.

The Light That Permeates Matter

With gratitude, humility, and self-denial we acknowledge the presence of Light leading us to our destiny.

The Mystery of the Cross in the Present Planetary Transition

Equilibrium, equanimity, selflessness and renunciation are symbolized by the "fixed cross". When we reach its center, we attain a higher state.

The New Life That is Emerging

Our self is becoming "reprogrammed" to co-exist consciously with different dimensions of life and to receive instructions from the Highest during the acute moments of the planetary crisis.

The Plan of Evolution and Us

As our understanding and capacity increase, spiritual energies may thereby be channeled to all the kingdoms of nature and begin to serve other worlds

The Practical Mystic

Many unknown cosmic energies are coming to Earth today. The practical mystic is open to them and radiates them.

The Seventh Ray and the Devas

The energy of order and ceremonial is becoming anchored on Earth. This energy works with the kingdom of the devas to make our material bodies more receptive to the impulses from on High.

The Spark from the Divine Level (Series of 4)

The Fiery World—4

When the divine spark develops in our hearts, it creates a fiery state in us. Our thoughts should be focused on this fire.

The Transmutation of the Logos of the Earth

The life that permeates the planet is being transmuted. Based on this profound transformation, new streams of energy are approaching the terrestrial sphere and the material law of karma is being replaced by the law of higher evolution.

The Voice of Amhaj

How can we ascend without humility and devotion? It is by cultivating them that we receive help to transcend the ego in order to live on new levels.

To Be Universal—Part 1

When we become aware of what we are and what we are not, and when we focus our attention on the Cosmos, we transcend egocentrism. This is the pathway to the expansion of consciousness and to true love. Calmness, serenity and inclusiveness are signs that we are on the path.

To Be Universal—Part 2

We must see ourselves as being indissolubly united with the universe. It is up to us to contribute to its upliftment, to draw energies from on High and to invoke Light for them to be adequately applied.

To Medical Doctors and Therapist

It is important for medical doctors and therapists to seek their own healing, to renew themselves in the center of their being, and to be receptive to inner contacts. These and other suggestions are offered to those who want to be true healers.

To Those Who Pray—1

Mantras and prayer as the basis for contact with suprahuman energies, and the importance of humility and silence to perceive higher levels.

To Those Who Pray—2

How prayer sustains, uplifts and renews us and how it draws us into inner life; how all this affects our outer life.

Towards Self Consecration

For most people life is self-centered and ongoing struggle. Consecrated life is entirely dedicated to the Supreme One.

Transcending Material Karma

Accepting and surrendering one's karma to the high self so that one's destiny is transformed.

We are Part of the Cosmos

We should continually question why we have been created and seek to unify the energy of individual will with that of the higher will.

Working Spiritually with One's Mind

A path through the various levels of the mind.

Working with the Feminine Polarity

The feminine polarity calls us to the sublime task of seeking non-materiality.

Working with the Rays

New insights into the seven Rays and how they can be applied.