

Calling Humanity

A Newsletter for North America about the teachings of Trigueirinho

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Distribution - Free of Charge

TO KNOW FIRSTHAND THE SECRET OF THE PIONEERS BY TRIGUEIRINHO

The suffering that is taking place on Earth today is incalculable. Events confirm that we are at the beginning of a process that, in a short period of time, will develop and have an outcome in the "school of pain."

We understand this need for learning to be a last resort: without it the self-destruction of the human species on Earth would be inevitable. However, we cannot help but ask ourselves how to moderate such great suffering, contributing in such a way as to help make this inevitable process happen in the most harmonious way possible.

For this reason it would be good to remember that, despite the magnitude of this negative charge, the help available to us on the supra-mental levels where chaos does not exist is even greater, as is that which is available for contacting them. On those levels, more experienced brothers and sisters who come from other sidereal spheres are safeguarding humanity. But even though they can help those who are receptive, they cannot balance the wrong actions that human beings have generated.

We can contribute toward harmony and if we take on the following tasks, we will see immediate transformations in our life, as well as beneficial planetary repercussions.

1. As one pays attention to one's actions and learns how to control them, one will see more defects and faults in one's person. If we slip-up, we must immediately declare we will not to let it happen again, but rather, manifest just the opposite. Then carry on decisively.

2. Do not feed guilt and resentment in yourself or in others. There is no guilt, only chances to learn. One is ready to learn when opening to transformation.

3. Do not try to justify yourself, either to yourself or to others. Learn through the mistake and through taking the correct next step.

4. Connect with the inner-most levels of your consciousness. Learn how to do this. Everyone knows how, as it is knowledge innate to the being. Recall some moment of great difficulty in which, turning toward God or a higher power, you have sincerely asked for help. That "place" within you where you turned to is where you must return any time you are searching for union with divinity. This silent action is profoundly effective and transformative.

5. Allow compassion to blossom in your being. This does not have anything to do with getting involved or with emotional demonstrations. Compassion is the comprehension of the real needs of others, of being united with the essence of beings.

6. Make your outer life the truest reflection possible of your highest aspirations. Selfless acts have beneficial and indescribable repercussions on the entire aura of the planet, evoking positive elements, both latent and manifested, in the kingdoms of Nature. Practice this and you will, little by little, come to know a transcendent joy.

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Planetary Prayer Network: WHO WE ARE

We are a group dedicated to the study of spiritual teachings and attempt to apply them in our lives. We work on developing simplicity, purity of heart, humility, and compassion.

We believe in the existence of a Supreme Power that governs the universes, and that expresses infinite wisdom, love, and mercy. This power nurtures human lives, guides their steps, illumines their paths, redeems their errors, and receives and uplifts their highest aspirations. This power brings human beings out of darkness and points them toward the Light. The power can have names such as God, Truth, and Divinity.

We believe that it is vital that human beings recognize this Power, follow it, and allow it to guide their own lives.

Over the years this group has had the opportunity of receiving up to date spiritual teaching, of knowing of the existence of laws that concord with the balance of planetary life, with human dignity, with the evolutionary stream that interconnects the kingdoms of nature, and with the role assigned to human beings: to be a link between the kingdoms of nature and the spiritual kingdom.

We have learned that prayer is a sure way of connecting Heaven and Earth, our conscious self and our soul, and with our deepest nuclei. We have learned that prayer can heal illnesses and redeem faults, for it connects us with God.

Through prayer we have had the grace of experiencing times of deep peace and union within, of recognizing sublime presences that guide and protect us. At this time, what guides us is the sacred act of praying and assisting others to do the same.

We have faith in the existence of exalted Hierarchies that, since prehistoric times, have guided Humanity's paths. These presences now make themselves known under new guises, although the laws are the same: love of your neighbors, of the Light, and of Truth. As always, the guidance is the same: pray, pray, pray.

Sincere and pure prayer unites us with God, with all beings, and with the laws of harmony that govern life.

Prayer is an efficient way of helping during the sensitive tests that are pressuring humanity at this time. We believe that prayer and service to the world are parallel processes, and thus we invite all to pray. Prayer will show us where and how to serve.

Editors Note: Prayer groups are an important aspect of the work of Figueira. Currently there are more than 600 of these groups around the world. They consist of individuals who meet to pray together regularly as a way of collaborating with the planetary evolution and offering a channel for light to come into the world. For more information about the Planetary Prayer Network Groups please contact: David@Cutrell.net



Note: The group responsible for the North American Figueira Diffusion Program invite those interested to join in silent prayer for this work every Sunday morning at 10:00 am EST.

QUESTIONS TO TRIGUEIRINHO

TRANSLATED FROM FIGUEIRA NEWS BULLETIN - SINAI

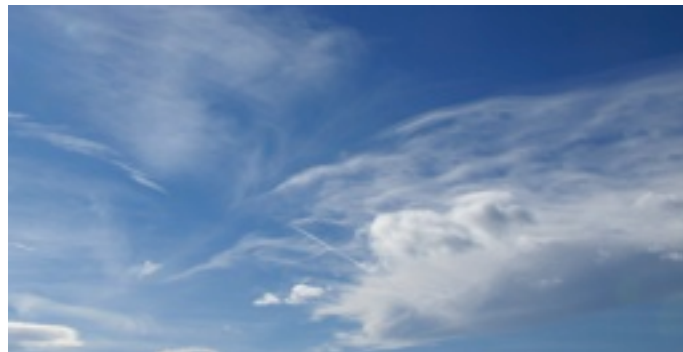
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In light of the current planetary situation, is there hope?

Beyond the atmosphere that we know of in the physical plane exists a non-material atmosphere. It is there that we can find the essence of the elemental life, the life of devas, and the kingdoms of nature. From this supra-atmosphere the planet receives cosmic waves that it absorbs and reproduces to maintain its life. It is from there that we find that the planet is radiating a strong expression of love. This supra-atmosphere is what maintains the terrestrial magnetic axis in equilibrium. It is this atmosphere that has a beneficial influence on the planetary centers, and the poles that humans know. It is a live consciousness maintained by the spiritual hierarchies, which is still not recognized by the majority of human beings.

The supra-atmosphere can dissolve a catastrophe before it materializes on the physical plane. It can also adjust irregular planetary movements. When negative waves are received in this atmosphere, they are transmuted. However, if this negativity surpasses certain limits, then it is transferred to other universes. This process requires the help of the spiritual hierarchies and non-material extra-terrestrial beings that, with large space-vessels and inconceivable resources, absorb these forces and send them to distant planets capable of supporting them and re-introducing them into the evolutionary field of universal energy.

The governing center of the planet – Miz Tli Tlan, is opening a door to directly link our atmosphere with the supra-atmosphere. It is activating this connection, which is a channel where the universal energy can come to earth to elevate and rescue it, in spite of the destructive actions of humanity. But for this to occur it is necessary to have the more conscious part of humanity agree. It is on the level of the monadic regent, the deepest nucleus of the being, that we, as cosmic beings, participate in this process.



Are the spiritual hierarchies more present today than in the past?

The spiritual hierarchies have always been present for humanity, but in this era the different dimensions are interpenetrating each other more easily. Thus, the human being who tries to invoke the spiritual level of life becomes naturally conscious of these many planes, either for a long time or for even an instant, and therefore becomes capable of entering into contact with the energies or beings that are existing there. In recent contacts established between the higher mental plane and the spiritual plane, members of the hierarchy have alerted us to the arrival of a critical time, one that was announced many years ago. At this juncture we can perceive that millions of beings are having an experience of poignant anguish, one that can even be felt from afar. The clamor for help is immense. The earth is suffering. Strong layers of protection must be created so that the condition of the planetary psychic aura is not made worse. Those who are conscious of the necessity to clean the terrestrial atmosphere could provide an inestimable service by praying from the heart, with feeling. They need to have faith that positive waves will arrive wherever they are most needed. These selfless servers are not deterred by the difficulties that can arise in prayer work, but are dedicated to this work knowing that there is no more time to lose. It is in this path of service that the hierarchies can be more easily found.

7. Fear nothing; do not hesitate. Count on the inspiration of your inner and higher self.

8. Lift up all the love and affection that you are capable of to the high self.

9. Invoke grace, which comes through the immortal spirit.

10. Firmly reject any and all thoughts or imaginings that would turn you from the chosen goal.

11. "Do not feed that which must die. Do not sow what should not be born." Your strength will be proportionately greater the more you are guided by this law.

12. Bear in mind that other beings await your advancement so they may go forward as well.

13. Remember that what is most important is your complete and crystalline adherence to truth.

Original in Portuguese published on April 4, 2008 in the magazine: "The Time." (Jornal: O Tempo).

Study Groups are forming that listen to Trigueirinho's lectures in English every week.

Go to: www.callinghumanity.org

Welcome to the first issue of *Calling Humanity*, a newsletter for the diffusion of Trigueirinho's work in North America. This newsletter is produced by a group of volunteers and collaborators who would like to share this important work with their North American friends. *Calling Humanity* is dedicated to those pioneers who are willing to serve this planetary transformation.

For more information about the work of Trigueirinho, including CD's, books, inspired thoughts for each day, and information on the Figueira work in North America go to: www.callinghumanity.org

Please also feel free to contact us directly:

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John David Cutrell – Newsletter Editor: David@Cutrell.net

The purpose of this newsletter is to encourage the spread of sacred teachings throughout the world and specifically in North America, in order to help bring into manifestation the new era of planetary transformation that is coming. Jose Trigueirinho is one among a small group of spiritual teachers who are bringing this message to humanity. Trigueirinho is the founder and a resident of Figueira, a spiritual center in Brazil where he lectures regularly.

Trigueirinho invites the readers of his 74 books and the listeners of the more than one thousand seven hundred CD's recorded live in his lectures to expand their own thoughts and to find a wider vision of life. All of his books, with about two million copies currently in circulation, have been translated into Spanish and some into English, as well as French, Italian and Braille. His work explains a larger reality; one that humanity is quickly approaching. To the degree that certain planetary processes mature, this reality may be seen as glimpses of a new beginning by those that are willing to go beyond known limitations.

